

## ALLAWAH RETREAT MEAL MENU

Meals Produced by Tablelands Chefs using local produce, snap frozen, and delivered to your Lodge for Heating at your convenience. \* Please place your Order when booking.

### Oven Bakes

		<u>Size</u>	<u>Price</u>	<u>Qty</u>	<u>Subtotal</u>
Beef Lasagne		<b>400g</b>	\$12		
" "		<b>500g</b>	\$14		
Pork Stuffed Mushrooms	<i>Good as Entrée or Main</i>	<b>250g</b>	\$12		
Lamb Shank, carrots, potatoes	<i>Gluten Free, Dairy Free, 1 Shank</i>	<b>750g</b>	\$16		
Pork Belly, crackling, carrots, potatoes	<i>Gluten Free</i>	<b>390g</b>	\$16		

### Curries

		<u>Size</u>	<u>Price</u>	<u>Qty</u>	<u>Subtotal</u>
Moroccan Lamb	<i>Gluten free, dairy free</i>	<b>350g</b>	\$15		
" "		<b>500g</b>	\$20		
Indian Butter Chicken	<i>Gluten free</i>	<b>350g</b>	\$15		
" "		<b>500g</b>	\$20		
Korean Beef Stir Fry	<i>Gluten free, dairy free</i>	<b>250g</b>	\$15		
Thai Green Curry Chicken	<i>Gluten free, dairy free</i>	<b>350g</b>	\$15		
" "		<b>500g</b>	\$18		
Thai Green Curry Tofu	<i>Gluten free, dairy free, vegan</i>	<b>350g</b>	\$14		
" "		<b>500g</b>	\$18		
Thai Massaman Beef Curry	<i>Gluten free, dairy free</i>	<b>350g</b>	\$15		
" "		<b>500g</b>	\$20		
Thai Massaman Curry Tofu	<i>Gluten free, dairy free, vegan</i>	<b>350g</b>	\$14		
" "		<b>500g</b>	\$18		
Thai Red Curry Pork	<i>Gluten free, dairy free</i>	<b>350g</b>	\$15		
" "		<b>500g</b>	\$20		
Thai Red Curry Tofu	<i>Gluten free, dairy free, vegan</i>	<b>350g</b>	\$15		
" "		<b>500g</b>	\$18		
Thai Tom Yum Chicken Soup	<i>Gluten free</i>	<b>400g</b>	\$14		
" "		<b>500g</b>	\$17		

### Baguettes (serves 1-2)

		<u>Size</u>	<u>Price</u>	<u>Qty</u>	<u>Subtotal</u>
Parmesan Garlic Butter Baguette	<i>Vegetarian</i>	<b>170g</b>	\$9		
Chicken Brie Pesto Baguette		<b>300g</b>	\$14		

### Sides / Entrees

		<u>Size</u>	<u>Price</u>	<u>Qty</u>	<u>Subtotal</u>
Thai Egg Fried Rice	<i>Vegetarian, dairy free</i>	<b>250g</b>	\$8		
" "		<b>300g</b>	\$9		
Cardamom Vegetarian Rice	<i>Gluten free, dairy free, vegan</i>	<b>225g</b>	\$8		
Cheese-n-herb Sliced Potato Bake	<i>Gluten free, vegetarian</i>	<b>250g</b>	\$9		
Roast Vegetables	<i>Gluten free, dairy free, vegan</i>	<b>300g</b>	\$9		
Pumpkin Soup		<b>400g</b>	\$9		

### Desserts

		<u>Size</u>	<u>Price</u>	<u>Qty</u>	<u>Subtotal</u>
After Eight – Choc/ Lime	<i>Gluten free, 2 servings</i>	<b>220g</b>	\$17		
Chocolate Mousse	<i>Gluten free. Single serve jar</i>	<b>90g</b>	\$12		
Coffee Tiramisu	<i>2 servings</i>	<b>150g</b>	\$16		
Berry Tiramisu	<i>2 servings</i>	<b>150g</b>	\$16		
Tropical Fruit Crumble	<i>Requires baking, 4 servings</i>	<b>440g</b>	\$20		
Sue's Cheesecake	<i>Quarter cake, 4 servings</i>	<b>520g</b>	\$22		

Your Name:		Total Cost:	
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Prices as of January 2018. Subject to change without notice. Menu items may change without notice.

\* We stock some meals, however to ensure your complete order is delivered upon arrival, we request 7 days' notice as meals are prepared fresh and snap frozen.